

**WOMENS INTERAGENCY HIV STUDY
FORM FIS: FOOD INSECURITY STUDY**

SECTION A: GENERAL INFORMATION

- A1. PARTICIPANT ID: ENTER NUMBER HERE ONLY IF ID LABEL IS NOT AVAILABLE |__| - |__|__| - |__|__|__|__| - |__|
- A2. VISIT #: |__|__|
- A3. VERSION DATE: **10/01/13**
- A4. DATE OF COMPLETION: |__|__| / |__|__| / |__|__|
M D Y
- A5. INTERVIEWER'S INITIALS: |__|__|__|
- A6. TIME MODULE BEGAN: |__|__| : |__|__| AM 1
PM 2

SECTION B: FOOD-SECURITY AND HUNGER (from USDA HFSS)

INTRODUCTION:

Some questions in this next set of questions may seem hard to answer or ask about sensitive things. We are doing this to gather important information so we can understand whether these issues need more attention among groups of women who are HIV infected or at risk for HIV.

First, I will ask you some questions about possible problems or challenges getting enough food in your household, and whether you were able to afford the food you need. Many people in the United States have trouble affording the food they need. We hope to use your answers to help prevent this problem and to help address it in the future. Please remember, we won't share your answers with anyone else and you can refuse to answer any question.

I will now read you several statements that people have made about their food situation. For these statements, please tell me whether the statement was often true, sometimes true, or never true for your household in the last six months. If you are the only person in your household, "your household," "we," or "our" refers just to you.

B1. HAND PARTICIPANT RESPONSE CARD FIS1 FOR USE WITH QUESTIONS B1 THROUGH B3.

The first statement is "We worried whether our food would run out before we got money to buy more." Was that often true, sometimes true, or never true for your household in the last six months?

- Often true 1
- Sometimes true 2
- Never true..... 3

B2. "The food that we bought just didn't last, and we didn't have money to get more." Was that often, sometimes, or never true for your household in the last six months?

- Often true 1
- Sometimes true 2
- Never true..... 3

B3. "We couldn't afford to eat balanced meals." Was that often, sometimes, or never true for your household in the last six months?

- Often true 1
- Sometimes true 2
- Never true..... 3

B4. In the last six months, did you or other adults in your household ever cut the size of your meals or skip meals because there wasn't enough money for food?

- YES 1
- NO 2 (B6)

B5. **HAND PARTICIPANT RESPONSE CARD FIS2.**

How often did this happen—almost every month, some months but not every month, or in only one or two months?

- Almost every month 1
- Some months but not every month 2
- Only one or two months 3

B6. In the last six months, did you ever eat less than you felt you should because there wasn't enough money for food?

- YES 1
- NO 2

B7. In the last six months, were you ever hungry but didn't eat because there wasn't enough money for food?

- YES 1
- NO 2

B8. In the last six months, did you lose weight because you didn't have enough money for food?

- YES 1
- NO 2

B9. In the last six months, did you or other adults in your household ever not eat for a whole day because there wasn't enough money for food?

- YES 1
- NO 2 (B11)

B10. **HAND PARTICIPANT RESPONSE CARD FIS2.**

How often did this happen—almost every month, some months but not every month, or in only one or two months?

- Almost every month 1
- Some months but not every month 2
- Only one or two months 3

B11. In the last six months, have there been children under age 18 who lived in your household (including your own or anyone else’s children)?

- YES 1
- NO 2 (B20)

INTRODUCTION TO CHILD-REFERENCED QUESTIONS:

Now I'm going to read you several statements that people have made about the food situation of their households in relation to children. I understand that these questions can sometimes be uncomfortable or difficult to answer, but please remember that no one is judging you on your answers and that your answers are strictly confidential. We hope to use your answers to help people who have problems affording food in the future. For these statements, please tell me whether the statement was **often** true, **sometimes** true, or **never** true in the last 6 months for your child or children living in the household who are under 18 years old.

B12. **HAND PARTICIPANT RESPONSE CARD FIS1 FOR USE WITH QUESTIONS B12 THROUGH B14.**

“We relied on only a few kinds of low-cost food to feed the children because we were running out of money to buy food.” Was that often, sometimes, or never true for your household in the last six months?

- Often true 1
- Sometimes true 2
- Never true..... 3

B13. “We couldn’t feed the children a balanced meal, because we couldn’t afford that.” Was that often, sometimes, or never true for your household in the last six months?

- Often true 1
- Sometimes true 2
- Never true..... 3

B14. “The children were not eating enough because we just couldn't afford enough food.” Was that often, sometimes, or never true for your household in the last six months?

- Often true 1
- Sometimes true 2
- Never true..... 3

B15. In the last six months, did you ever cut the size of any of the children's meals because there wasn't enough money for food?

- YES 1
- NO 2

B16. In the last six months, did any of the children ever skip meals because there wasn't enough money for food?

- YES 1
- NO 2 (B18)

B17. HAND PARTICIPANT RESPONSE CARD FIS2.

How often did this happen—almost every month, some months but not every month, or in only one or two months?

- Almost every month 1
- Some months but not every month 2
- Only one or two months 3

B18. In the last six months, were the children ever hungry but you just couldn't afford more food?

- YES 1
- NO 2

B19. In the last six months, did any of the children ever not eat for a whole day because there wasn't enough money for food?

- YES 1
- NO 2

B20. IS THIS THE PARTICIPANT'S BASELINE VISIT?

- YES 1 **(SECTION C)**
- NO 2

B21. IS THIS AN ODD-NUMBERED VISIT?

- YES 1 **(G5)**
- NO 2

SECTION C: DIETARY QUALITY (REACH)

INTRODUCTION:

These questions are about the different kinds of foods you **usually** ate or drank during the **past month**, that is, the past 30 days. People often eat different types of food, and we are trying to understand more about the types of food that people eat. Please tell me how often you ate or drank each one; for example, you could say "two times a day," "twice a week," "three times a month," "one time a year," and so forth. Include all foods you eat, both at home and away from home.

FOR ALL QUESTIONS, IF "NEVER," ENTER "00 TIMES / YEAR." IF PARTICIPANT DOESN'T KNOW THE ANSWER TO A PARTICULAR QUESTION, ENTER "-8 TIMES / YEAR."

C1. How often do you eat hot dogs, bacon, sausage, or lunch meats such as ham or other cold cuts?

- |__|__| times per
- Day 1
 - Week 2
 - Month 3
 - Year 4

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C2. How often do you eat pork, beef, hamburgers, cheeseburgers, or meatloaf?

- | | | |
|----------------|-------------|---|
| _ _ times per | Day | 1 |
| | Week | 2 |
| | Month | 3 |
| | Year | 4 |

C3. How often do you eat chicken, turkey, or duck?

- | | | |
|----------------|-------------|---|
| _ _ times per | Day | 1 |
| | Week | 2 |
| | Month | 3 |
| | Year | 4 |

C4. How often do you eat beans, tofu, nuts, or lentils? By beans, we mean baked beans, pinto or kidney beans, and beans in burritos or chili.

- | | | |
|----------------|-------------|---|
| _ _ times per | Day | 1 |
| | Week | 2 |
| | Month | 3 |
| | Year | 4 |

C5. How often do you eat fish or seafood?

- | | | |
|----------------|-------------|---|
| _ _ times per | Day | 1 |
| | Week | 2 |
| | Month | 3 |
| | Year | 4 |

C6. How often do you eat yogurt, cheese, cheese spreads, or cottage cheese?

- | | | |
|----------------|-------------|---|
| _ _ times per | Day | 1 |
| | Week | 2 |
| | Month | 3 |
| | Year | 4 |

C7. How often do you eat doughnuts, cookies, cake, pastry, pies or chips?

- | | | |
|----------------|-------------|---|
| _ _ times per | Day | 1 |
| | Week | 2 |
| | Month | 3 |
| | Year | 4 |

C8. How often do you drink non-diet sodas or fruit drinks such as Sunny Delight or Tang. Do not include 100% fruit juices.

- | | | |
|----------------|-------------|---|
| _ _ times per | Day | 1 |
| | Week | 2 |
| | Month | 3 |
| | Year | 4 |

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C9. How often do you eat cereal, rice, pasta, breads, tortillas or other grains?

_ _ times per	Day	1
	Week	2
	Month	3
	Year.....	4

C10. How often do you eat butter, margarine, full-fat salad dressing or mayonnaise added to bread, rolls, or vegetables?

_ _ times per	Day	1
	Week	2
	Month	3
	Year.....	4

C11. How often do you eat eggs?

_ _ times per	Day	1
	Week	2
	Month	3
	Year.....	4

C12. How often do you drink glasses of whole milk (include drinks made with whole milk or whole milk on cereal)?

_ _ times per	Day	1
	Week	2
	Month	3
	Year.....	4

C13. How often do you drink glasses of low-fat milk (include skim milk or 2% milk)?

_ _ times per	Day	1
	Week	2
	Month	3
	Year.....	4

C14. How often to you drink 100% fruit juices such as orange, grapefruit, or tomato?

_ _ times per	Day	1
	Week	2
	Month	3
	Year.....	4

C15. How often do you eat fruit, not counting juice?

_ _ times per	Day	1
	Week	2
	Month	3
	Year.....	4

C16. How often do you eat French fries or fried potatoes?

- | | | |
|----------------|-------------|---|
| _ _ times per | Day | 1 |
| | Week | 2 |
| | Month | 3 |
| | Year | 4 |

C17. How often do you eat potatoes, not including French fries, fried potatoes, or potato chips?

- | | | |
|----------------|-------------|---|
| _ _ times per | Day | 1 |
| | Week | 2 |
| | Month | 3 |
| | Year | 4 |

C18. Not counting potatoes, how often do you eat vegetables or green salad?

- | | | |
|----------------|-------------|---|
| _ _ times per | Day | 1 |
| | Week | 2 |
| | Month | 3 |
| | Year | 4 |

**SECTION D: SOCIOECONOMIC DATA
(D1 and D2 from NHANES 2010)**

Now I'm going to ask you some questions about your financial situation. I asked you earlier about your income; now I will ask you about your savings and receipt of government financial assistance. I understand that some of these questions may be difficult for you to answer, may raise sensitive issues, and exact numbers are often hard to remember. Please take as much time as you need. I would like to remind you that all of your responses will be strictly confidential and in no way will affect any benefits you receive.

D1. Does your household have more than \$5000 in savings at this time? Please include money in your checking accounts. **(PROBE: Include cash, savings or checking accounts, stocks, bonds, mutual funds, retirement funds (such as pensions, IRAs, 401ks, etc.), and certificates of deposit.)**

- | | | |
|-----------|---|-------------|
| YES | 1 | (D3) |
| NO | 2 | |

D2. **HAND PARTICIPANT RESPONSE CARD FIS3.**

What are the total savings or cash assets at this time for your household?

- | | |
|------------------------|---|
| Less than \$500 | 1 |
| \$501 to \$1000 | 2 |
| \$1001 to \$2000 | 3 |
| \$2001 to \$3000 | 4 |
| \$3001 to \$4000 | 5 |
| \$4001 to \$5000 | 6 |

D3. The following questions ask about the government benefits your current or most recent household receives. By “household” we mean family members or other people who live or lived with you and depend on that money.

In the last year, have you or anyone else in your household or former household received money from:

	<u>YES</u>	<u>NO</u>
a. SSI/SSDI (Supplemental Security Income/Social Security Disability Income)	1	2
b. Social Security (excluding SSI, SSDI)	1	2
c. State or private disability or workers’ compensation	1	2
d. Unemployment insurance	1	2
e. Veteran’s benefits	1	2
f. Temporary Assistance to Needy Families (TANF)	1	2
(PROBE: TANF is sometimes called “family assistance” or “welfare for women with children.”)		
g. General Assistance (GA)	1	2
(PROBE: GA is a program run by either the State or County for individuals with no other form of income who do not qualify for any other benefits program (e.g. TANF, SSI/SSDI, unemployment insurance).)		
h. Other	1	2
If other, please indicate source: _____		

SECTION E: RECEIPT OF FOOD ASSISTANCE (REACH)

INTRODUCTION:

The following questions refer to food aid, which means food that you got from church, a clinic, non-profit organizations, soup kitchens, lunch lines, food banks, or people outside your household to help ensure that your household has adequate food. I don’t mean food you got from government programs such as the Supplemental Nutrition Assistance Program (SNAP) (aka food stamps or food vouchers), the Women, Infants and Children’s program (WIC) or any other source of food vouchers. As always, your answers will be kept completely confidential.

E1. Did you or anyone in your household receive non-governmental food aid at any time during the past year?

YES	1	
NO	2	(E4)

E2. From where did your household get food aid? Please say "yes" for all that apply.

	YES	NO
a. Church.....	1	2
b. Food bank	1	2
c. Soup kitchen or lunch line	1	2
d. Clinic.....	1	2
e. People outside your household	1	2
f. Other	1	2

If other, please indicate source: _____

E3. Over the last 30 days, how many days did you or members of your household eat food that you got from food aid?

|_|_| # DAYS

E4. The following questions refer to food assistance through vouchers, coupons, or electronic debit cards, such as the Supplemental Nutrition Assistance Program (SNAP) (aka food stamps or food vouchers), the Women, Infants and Children's program (WIC) or any other source of food vouchers.

Did you or anyone in your household receive food assistance through vouchers, coupons, or electronic debit cards at any time over the past year?

YES 1
 NO 2 **(SECTION F)**

E5. From where did your household get the food vouchers, coupons, or electronic debit cards? Please say "yes" for all that apply.

	YES	NO
a. SNAP (Supplemental Nutrition Assistance Program) or food stamps for my household	1	2
b. SNAP or food stamps given to you by someone else	1	2
c. WIC (Special Supplemental Nutrition Program for Women, Infants, and Children)	1	2
d. Other	1	2

If other, please indicate source: _____

E6. Over the last 30 days, how many days did you or members of your household eat food that you got as a result of using food stamps, vouchers, or coupons?

|_|_| # DAYS

SECTION F: COMPETING DEMANDS (REACH)

INTRODUCTION:

The following are problems that people sometimes have because of trouble getting food. For each question, please answer “always,” “often,” “sometimes,” or “never.” I understand that these questions can sometimes be uncomfortable or difficult to answer, but please remember that no one is judging you on your answers and that your answers are strictly confidential. We hope to use your answers to help people who have trouble getting enough food in the future.

HAND PARTICIPANT RESPONSE CARD FIS4 FOR USE WITH QUESTIONS F1, F2, F4, AND F5.

F1. Over the past year, how often did you go without healthcare you needed because you needed the money for food for you or your household? **(INTERVIEWER SHOULD READ THE NEXT CLARIFICATION TO HIV-INFECTED PARTICIPANTS ONLY):** Do not include your antiretroviral medications as part of your answers about healthcare. We will ask about these later.

- Always 1
- Often..... 2
- Sometimes 3
- Never 4
- Not applicable..... 5

F2. Over the past year, how often did you or your household go without adequate food because you needed the money for healthcare, including for transport? **(INTERVIEWER SHOULD READ THE NEXT CLARIFICATION TO HIV-INFECTED PARTICIPANTS ONLY):** Do not include your antiretroviral medications as part of your answers about healthcare. We will ask about these later.

- Always 1
- Often..... 2
- Sometimes 3
- Never 4
- Not applicable..... 5

F3. WHAT IS PARTICIPANT’S HIV STATUS?

- HIV-POSITIVE 1
- HIV-NEGATIVE 2 **(G4)**

F4. Over the past year, how often did you not fill your antiretroviral (ARV) prescriptions from the pharmacy or miss a dose of your ARV medications because you needed to spend time or money getting adequate food for you or your household?

- Always 1
- Often..... 2
- Sometimes 3
- Never 4
- Not applicable..... 5

F5. Over the past year, how often did you or your household go without adequate food because you needed the money to get your ARV prescriptions from the pharmacy, including transport costs or paying for prescriptions?

- Always 1
- Often..... 2
- Sometimes 3
- Never..... 4
- Not applicable..... 5

SECTION G: HIV STIGMA
(G1 adapted from Bunn 2007; G5 adapted from UARTO)

INTRODUCTION (FOR HIV-POSITIVE PARTICIPANTS ONLY):

Now I am going to read you several statements some people with HIV have expressed about their personal experiences and feelings about having HIV. Not everyone feels the same way. These questions will help us to understand more about how women with HIV feel and how they are treated. I understand that these questions can sometimes be uncomfortable or difficult to answer, but please remember that no one is judging you on your answers. Your answers are strictly confidential.

G1. HAND PARTICIPANT RESPONSE CARD FIS5.

Now, please tell me how strongly you agree or disagree with each of these statements.

		Strongly agree	Agree	Disagree	Strongly disagree
a.	Having HIV/AIDS makes me feel that I'm a bad person.	1	2	3	4
b.	I feel I'm not as good as others because I have HIV/AIDS.	1	2	3	4
c.	Having HIV/AIDS makes me feel unclean.	1	2	3	4
d.	Having HIV/AIDS is disgusting to me.	1	2	3	4
e.	People's attitudes about HIV/AIDS make me feel worse about myself.	1	2	3	4
f.	I feel guilty because I have HIV/AIDS.	1	2	3	4
g.	I never feel ashamed of having HIV/AIDS.	1	2	3	4
h.	I feel discriminated against in health care settings because of my HIV status.	1	2	3	4

Now I am going to ask you about different people you have told about your HIV status. We will not ask for any names.

G2. Have you told anyone about your HIV status, not including your health provider at any time in your life?

- YES 1
- NO 2 (G5)

G3. Who have you told about your HIV status? Please say “yes” for all that apply.

	YES	NO
a. Current sexual partner.....	1	2
b. Past sexual partner	1	2
c. Family member.....	1	2
d. Friend	1	2
e. Neighbor.....	1	2
f. Employer(s).....	1	2
g. Religious leader (e.g., priest, rabbi, pastor)	1	2
h. Public disclosure	1	2
i. Other	1	2 (G5)

IF OTHER, SPECIFY: _____ (G5)

INTRODUCTION (FOR HIV-NEGATIVE PARTICIPANTS ONLY):

Now I am going to read you several statements containing attitudes and opinions about HIV and people with HIV. These are statements that can seem unfair, be uncomfortable or difficult to answer, but please remember that no one is judging you on your answers. This survey is confidential, and no one will know your answers.

G4. **HAND PARTICIPANT RESPONSE CARD FIS5.**

Now, please tell me how strongly you agree or disagree with each of these statements.

		Strongly agree	Agree	Disagree	Strongly disagree
a.	People who have HIV should feel ashamed.	1	2	3	4
b.	People who have HIV deserve compassion.	1	2	3	4
c.	People who get infected with HIV have only themselves to blame.	1	2	3	4
d.	People get infected with HIV because of immoral behavior.	1	2	3	4
e.	People living with HIV should be treated with the same respect as anyone else.	1	2	3	4
f.	I would not want a person with HIV to teach my own children or the children of my family members.	1	2	3	4
g.	I would not want to be friends with a person with HIV.	1	2	3	4

G5. **READ CONCLUSION TO MODULE:**

Thank you for completing this survey and sharing your experiences, feelings, and opinions with us. We greatly appreciate your participation.

TIME MODULE ENDED:

|_|_| : |_|_| AM..... 1
PM..... 2