

**WOMEN'S INTERAGENCY HIV STUDY  
PHYSICAL EXAMINATION  
FORM 07**

**AFFIX ID LABEL HERE →**

PARTICIPANT ID:  -  -  -

WIHS STUDY VISIT #:

FORM VERSION: **10/01/11**

EXAMINER'S INITIALS:

DATE OF PHYSICAL EXAM:   /   /    
M D Y

PARTICIPANT'S DATE OF BIRTH:  
(**VERIFY WITH PARTICIPANT**)   /   /    
M D Y

TIME MODULE BEGAN:   :   AM.....1  
PM.....2

TIME MODULE ENDED:   :   AM.....1  
PM.....2

**SECTION A. GENERAL PHYSICAL CHARACTERISTICS AND BODY HABITUS**

A1. a. WEIGHT  LBS

b. EVEN-NUMBERED VISIT?  
YES .....1  
NO.....2 **(A3b)**

c. HEIGHT  IN

A3. b. IS PARTICIPANT PREGNANT?  
YES .....1 **(SECTION D)**  
NO.....2

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**A5. VISUAL ASSESSMENT**

BODY PART:	(NOTE: IF NOT NORMAL, INDICATE SEVERITY IN NEXT COLUMN.)			SEVERITY*		
	NORMAL	FAT	WASTED	MILD	MODERATE	SEVERE
a) Her chest is...	1 (b)	2	3	1	2	3
b) Her abdomen is ...	1 (c)	2	3	1	2	3
c) Her waist is...	1 (d)	2	3	1	2	3
d) Her face is...	1 (e)	2	3	1	2	3
e) Her cheeks, just lateral to the nose and mouth are...	1 (f)	2	3	1	2	3
f) Her upper back is...	1 (g)	2	3	1	2	3
g) Her neck is...	1 (h)	2	3	1	2	3
h) Her arms are...	1 (i)	2	3	1	2	3
i) Her legs are...	1 (j)	2	3	1	2	3
j) Her buttocks are...	1 (A6)	2	3	1	2	3

**\*MILD** – Only seen if looked for.  
**MODERATE** – Easily seen.  
**SEVERE** – Obvious immediately.

**A6. CLINICAL IMPRESSION OF LIPODYSTROPHY**

- a. DOES PARTICIPANT EXHIBIT ANY SIGNS OF LIPOATROPHY (PERIPHERAL FAT LOSS)?  
 YES .....1  
 NO.....2
  
- b. DOES PARTICIPANT EXHIBIT ANY SIGNS OF LIPOHYPERTROPHY (CENTRAL FAT ACCUMULATION)?  
 YES .....1  
 NO.....2

- A7. a. HAS THE PARTICIPANT GIVEN BIRTH WITHIN THE PAST YEAR?  
 YES .....1  
 NO.....2 (A8)

- b. IS PARTICIPANT CURRENTLY BREASTFEEDING?  
 YES .....1  
 NO.....2 (SECTION D)

- c. HAS PARTICIPANT GIVEN BIRTH WITHIN THE PAST SIX MONTHS?  
 YES .....1 (SECTION D)  
 NO.....2 (A8)

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**BODY MEASURES (GIRTH in CM):**

	MEASURE #1	MEASURE #2	a. DOES DIFFERENCE BETWEEN #1 AND #2 EXCEED 0.7 CM?		MEASURE #3
			YES	NO	
A8. UPPER ARM	_ _ _ _ .  _  CM	_ _ _ _ .  _  CM	1	2 (A9)	_ _ _ _ .  _  CM
<b>PROMPT: IF PARTICIPANT HAS GIVEN BIRTH WITHIN THE PAST YEAR AND IS BREASTFEEDING, SKIP THE CHEST MEASUREMENT (A9) AND ENTER -1, THEN PROCEED TO THE WAIST MEASUREMENT (A10).</b>					
A9. CHEST	_ _ _ _ .  _  CM	_ _ _ _ .  _  CM	1	2 (A10)	_ _ _ _ .  _  CM
A10. WAIST	_ _ _ _ .  _  CM	_ _ _ _ .  _  CM	1	2 (A11)	_ _ _ _ .  _  CM
A11. Does participant have folds of abdominal fat (pannus) that interfere with the ability to accurately measure the hip circumference?			1	2 (A13)	
<b>PROMPT: FOR A12, MEASURE THE HIP CIRCUMFERENCE <u>INCLUDING</u> PANNUS.</b>					
A12. HIP w/pannus	_ _ _ _ .  _  CM	_ _ _ _ .  _  CM	1	2 (A13)	_ _ _ _ .  _  CM
<b>PROMPT: FOR A13, HAVE PARTICIPANT <u>LIFT PANNUS UP</u> TO MEASURE THE HIP CIRCUMFERENCE.</b>					
A13. HIP w/out pannus	_ _ _ _ .  _  CM	_ _ _ _ .  _  CM	1	2 (b)	_ _ _ _ .  _  CM
	b. Is waist measurement larger than chest measurement?		1	2	
	c. Is waist measurement larger than hip measurement <u>without</u> pannus?		1	2	
A14. THIGH	_ _ _ _ .  _  CM	_ _ _ _ .  _  CM	1	2 (A15)	_ _ _ _ .  _  CM

A15. DORSOCERVICAL FAT PAD

- a. PRESENT .....1  
 ABSENT .....2 (A14)

- b. SEVERITY  
 MILD .....1  
 MODERATE .....2  
 SEVERE .....3

A16. INITIALS OF CLINICIAN WHO PERFORMED BODY MEASURES: \_\_\_ \_\_\_ \_\_\_

**BIA RESULTS:**

A19. In the past eight hours, have you exercised long enough to make you sweat and breathe hard?

- YES .....1  
 NO .....2

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A20. Have you drunk more than four glasses of coffee, tea, soda, water, or other beverages within the past two hours?

YES .....1  
NO .....2

A21. Have you drunk more than four servings of beer, wine, or liquor today?

YES .....1  
NO .....2

**PROMPT: TAKE TWO MEASURES. ENTER THE RESISTANCE (Rx) AND REACTANCE (Xc) FOR EACH ONE. ENTER “-7” IF PARTICIPANT REFUSES, AND “-9” IF VALUE IS MISSING FOR ANOTHER REASON, E.G., EQUIPMENT FAILURE.**

A22. Rx #1: ||| ohms

A23. Rx #2: ||| ohms

Xc #1: ||| ohms

Xc #2: ||| ohms

A24. INITIALS OF CLINICIAN PERFORMING BIA: \_\_\_\_\_

A25. COMMENTS: \_\_\_\_\_

**NOTE: AS YOU PROCEED WITH THE PHYSICAL EXAM, SHADED RESPONSES CIRCLED “YES” REQUIRE PROMPT REFERRAL FOR EVALUATION AND/OR TREATMENT. PLEASE REFER TO THE MOO FOR REFERRAL GUIDELINES.**

**SECTION D. PHYSICAL FINDINGS IN THE BREASTS**

D1. a. EVEN-NUMBERED VISIT?

YES .....1  
NO .....2 (SECTION E)

b. BREAST EXAM

NORMAL ..... 1 (SECTION E)  
ABNORMAL.....  2  
NOT DONE ..... 3 (SECTION E)

FINDINGS:	a. RIGHT		b. LEFT	
	YES	NO	YES	NO
D2. nipple discharge	1	2	1	2
D3. Nodularity (fibrocystic changes)	1	2	1	2
D4. retraction, other skin	1	2	1	2
D5. Mastectomy/lumpectomy for cancer	1	2	1	2
D6. evidence of prior breast biopsy	1	2	1	2
D7. Other	1	2	1	2
	_____ (SPECIFY)		_____ (SPECIFY)	

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**D8. BREAST MASS(ES) PRESENT?**

YES .....   
 NO ..... 2 (SECTION E)

**NOTE: IF NEW ONSET (APPEARING SINCE LAST EXAM AND/OR UNEVALUATED) BREAST MASSES OR OTHER ABNORMALITIES, REFER AS APPROPRIATE TO PARTICIPANT’S MEDICAL PROVIDER.**

LOCATION	RIGHT MASS		a. SIZE	b. OLD MASS	
	YES	NO		YES	NO
D9. Medial upper	1	2 (D10)	_ _  .  _  cm	1	2
D10. Lateral upper	1	2 (D11)	_ _  .  _  cm	1	2
D11. Medial lower	1	2 (D12)	_ _  .  _  cm	1	2
D12. Lateral lower	1	2 (D13)	_ _  .  _  cm	1	2
D13. Areola/ periareola	1	2 (D14)	_ _  .  _  cm	1	2

LOCATION	LEFT MASS		a. SIZE	b. OLD MASS	
	YES	NO		YES	NO
D14. Medial upper	1	2 (D15)	_ _  .  _  cm	1	2
D15. Lateral upper	1	2 (D16)	_ _  .  _  cm	1	2
D16. Medial lower	1	2 (D17)	_ _  .  _  cm	1	2
D17. Lateral lower	1	2 (D18)	_ _  .  _  cm	1	2
D18. Areola/ periareola	1	2 (E1)	_ _  .  _  cm	1	2

**SECTION E. BLOOD PRESSURE MEASUREMENT**

**E1. MEASURE AND RECORD THREE TIMES USING DINAMAP MONITOR**

MEASUREMENT	a. SYSTOLIC	b. DIASTOLIC	c. PULSE
1 <sup>ST</sup>	_ _ _	_ _ _	_ _ _
2 <sup>ND</sup>	_ _ _	_ _ _	_ _ _
3 <sup>RD</sup>	_ _ _	_ _ _	_ _ _

**PROMPT: IF BLOOD PRESSURE < 90/60 OR > 140/90, REFER TO PARTICIPANT’S MEDICAL PROVIDER.**

**PROMPT: COMPLETE “TIME MODULE ENDED” ON PAGE 1. PROCEED TO F08.**

ADDITIONAL COMMENTS: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_