WOMEN'S INTERAGENCY HIV STUDY
ACTIVITIES-SPECIFIC BALANCE CONFIDENCE (ABC-6) SCALE

A1. PARTICIPANT ID: |___|-|___|___|___|-|___|___|___|___|-|___|

A2. WIHS STUDY VISIT #: |___|___|

A3. FORM VERSION: 10/01/15

A4. DATE OF INTERVIEW: |___|___|/|___|___|/|___|___|
M D Y

A5. INTERVIEWER'S INITIALS: |___|___|___|

A6. TIME MODULE BEGAN |___|___|: |___|___| AM …… 1
PM …… 2

INTRODUCTION: For each of the following, please indicate your level of confidence in doing the activity without losing your balance or becoming unsteady from choosing one of the percentage points on the scale from 0% to 100%. If you do not currently do the activity in question, try and imagine how confident you would be if you had to do the activity. If you normally use a walking aid to do the activity or hold onto someone, rate your confidence as if you were using these supports. If you have any questions about answering any of these items, please ask.

For <u>each</u> of the following activities please indicate your level of self-confidence by choosing a corresponding number from the following rating scale. **SHOW PARTICIPANT RESPONSE CARD ABC-6.**

0%	**10**	**20**	**30**	**40**	**50**	**60**	**70**	**80**	**90**	**100%**
No confidence										**Completely confident**

How confident are you that you will <u>not</u> lose your balance or become unsteady when you…

B1. … stand on your tiptoes and reach for something above your head? |___|___|___|

B2. …stand on a chair and reach for something? |___|___|___|

B3. …are bumped into by people as you walk through the mall? |___|___|___|

B4. …step onto or off an escalator while you are holding onto a railing? |___|___|___|

B5. …step onto or off an escalator while holding onto parcels such that you cannot hold onto the railing? |___|___|___|

B6. …walk outside on icy sidewalks? |___|___|___|

B7. TIME MODULE ENDED |___|___|: |___|___| AM …… 1
PM …… 2