

**Welcome to Visit 104: What's to Come?**

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October 1<sup>st</sup>, 2023 is the start of visit wave 104 (V104) and the visit cycle will end on September 30<sup>th</sup>, 2024. During V104, each participant should expect one Core visit and one Short visit, approximately 6 months apart.

When possible, at Core visits, participants will be asked to come in person to collect blood and other specimens, complete physical and frailty assessments, and participate in other in-person procedures such as neuropsychological testing, and liver scans.

The Short visit will usually be conducted over the phone. The Short visit consists of an interview to collect updated health information. The Short visit may be done in-person if combined with other Flex assessments, such as a pulmonary function test (PFT), Echocardiogram, or the longer neuropsychological battery (BRACE+).

If participants are unable to keep their scheduled V104 Core or Short visit, it is extremely important to maintain contact with study staff throughout the wave and provide any contact information changes or health updates, if possible.

**Major changes to expect in V104**

- Questionnaire Changes
  - Numerous redundant questions have been removed to reduce the length of the interview.
  - New questions have been added to ask about race and assess the use of telehealth visits.
  - The frequency of questions about oral health and physical activity will be reduced and asked every other year instead of every year.
  - New questions at some sites will be added to address the prevalence of human mpox (formerly Monkeypox).

- For this visit only, there is a new form containing Intersectional Discrimination questions for women living with HIV from participating sites (Atlanta, UAB/MS, Bronx, Brooklyn, UNC, Georgetown, Miami, SF).
- An Ethnicity & Race questionnaire is a one-time survey for all men and for women who didn't complete this previously.
- Saliva Collection – The Scope rinse and Saliva collection will be done once yearly during the in-person Core visit. The method of saliva collection has changed from spitting into a container to using an absorbent cheek swab to collect saliva.
- Fibroscans (liver ultrasound) will be done for selected participants during their V104 Core visit. This scan is to be repeated in the study every three years; many initial scans were obtained during V101-V103.
- Echocardiograms will continue for selected participants. These are painless heart exams using sound waves, like Ultrasounds.
- New Stigma Sub-Study - Eligible sexual minority men at some sites may be contacted to participate in a new sub-study concerning Stigma. Participants enrolled in this sub-study will complete a questionnaire at home or during their V104 Core visit.

Some Study site Community Advisory Boards (CAB) along with Site Study staff are conducting a brief participant survey. If you are offered to participate in the survey, we encourage you to complete the survey. The survey is confidential and voluntary. Look for further communications from the study advising you of the survey.