



## 7. OROPHARYNGEAL

NO YES

- a. Consistent with oral thrush/candidiasis  NO  YES
- b. Consistent with herpetic lesions  NO  YES
- c. Gingivitis/gum disease  NO  YES
- d. Oral hairy leukoplakia  NO  YES
- e. Other (please describe below)  NO  YES

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## 8. EYES

NO YES

- a. Conjunctiva
  - 1) Redness  NO  YES
  - 2) Discharge  NO  YES
- b. Scleral icterus  NO  YES
- c. Other (please describe below)  NO  YES

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## 9. LYMPH NODES

NO YES

- a. Are there any nodes present (excluding inguinal and femoral) which are  $\geq 1$  cm?  NO  YES

**SKIP TO Q. 10** ←

- b. What is the diameter of the largest node present?
  - 1-2 cm
  - 2.1-4 cm
  - >4 cm
- c. Are any of the nodes tender?  NO  YES
- d. Are any of the nodes matted?  NO  YES

## 10. ABDOMEN

### a. Liver

Enlarged liver definition >3 cm below the right costal margin measured at the mid-clavicular line

- 1. Enlarged  NO  YES
- 2. Tender  NO  YES

### b. Spleen (Rt. lateral decubitus, flexed knees/hips)

- Palpable on inspiration below left costal margin  NO  YES

- c. Other conditions (please describe)  NO  YES

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**Perform anal rectal exam, including digital, annually. It may be performed at every visit if requested by the participant. Indicate refusals by filling in the refusal bubble for each exam component. See guidelines for more details.**

### Physical Examiner instructions for current visit:

Perform annual rectal exam, including digital  No  Yes

## 11. ANAL/RECTAL EXAMINATION

NO YES REFUSED

### a. Visual exam

- 1) Discharge  NO  YES  REFUSED
- 2) Herpetic lesions  NO  YES  REFUSED
- 3) Warts  NO  YES  REFUSED
- 4) Hemorrhoids, external  NO  YES  REFUSED
- 5) Laceration/fissure/fistula  NO  YES  REFUSED

### b. Digital exam

- 1) Tender anal canal  NO  YES  REFUSED
- 2) Prostate
  - 2.a) enlarged  NO  YES  REFUSED
  - 2.b) tender  NO  YES  REFUSED

### c. Other conditions

- (please describe below)  NO  YES  REFUSED

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## 12. GENITALIA

NO YES REFUSED

### a. Urethral discharge

### b. Skin

- 1) Condyloma acuminata (warts)  NO  YES  REFUSED
- 2) Tinea cruris/Candida  NO  YES  REFUSED
- 3) Herpetic lesions (active)  NO  YES  REFUSED

### c. Circumcized

- NO  YES  REFUSED

### d. Other (please describe in 10.c)

NO  YES  REFUSED



**15a. STANDING BALANCE:**

	TIME HELD (stop watch at 10 seconds)	UNABLE	REFUSED	EXPLAIN:																																		
1. Side-by-side stand	<table border="1"> <tr><td>0</td><td>1</td></tr> <tr><td>0</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>0</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>0</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> </table>	0	1	0	1	2	3	4	5	6	7	8	9	0	1	2	3	4	5	6	7	8	9	0	1	2	3	4	5	6	7	8	9	<input type="radio"/>	<input type="radio"/>	   		
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2. Semi-tandem stand	<table border="1"> <tr><td>0</td><td>1</td><td>2</td><td>3</td></tr> <tr><td>0</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>0</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>0</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> </table>	0	1	2	3	0	1	2	3	4	5	6	7	8	9	0	1	2	3	4	5	6	7	8	9	0	1	2	3	4	5	6	7	8	9	<input type="radio"/>	<input type="radio"/>	   
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3. Tandem stand	<table border="1"> <tr><td>0</td><td>1</td><td>2</td><td>3</td></tr> <tr><td>0</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>0</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>0</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> </table>	0	1	2	3	0	1	2	3	4	5	6	7	8	9	0	1	2	3	4	5	6	7	8	9	0	1	2	3	4	5	6	7	8	9	<input type="radio"/>	<input type="radio"/>	   
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4. Single leg stand	<table border="1"> <tr><td>0</td><td>1</td><td>2</td><td>3</td></tr> <tr><td>0</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>0</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>0</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> </table>	0	1	2	3	0	1	2	3	4	5	6	7	8	9	0	1	2	3	4	5	6	7	8	9	0	1	2	3	4	5	6	7	8	9	<input type="radio"/>	<input type="radio"/>	   
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**15b. CHAIR STANDS:**

A chair stand starts with the participant in the sitting position and rises up to a stand with legs fully extended, without using his arms. After the initial trial single chair stand, ask the participant to perform 10 chair stands. The clinician should start timing as soon as he/she says go, do a split with the stopwatch when he STANDS for the 5th time, and stop the watch when he STANDS for the 10th time. If unable to do 5 stands, bubble in "unable to do 5 stands". If performed 5 stands, but unable to do 10 stands, record the time for 5 stands and bubble in "unable to do 10 stands". Refer to the guidelines for complete instructions.

	UNABLE	REFUSED	ATTEMPTED, UNABLE TO DO 1	COMPLETED
1. Single chair stand	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
EXPLAIN WHY UNABLE:	  			

	UNABLE	REFUSED	ATTEMPTED, UNABLE TO DO 5	ATTEMPTED, BUT UNABLE TO DO 10 (Enter time for first 5 below)	COMPLETED (Enter time for first 5 and all 10 below)
2. Repeated chair stand	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
EXPLAIN WHY UNABLE:	  				

TIME FOR  
FIRST 5 STANDS  
(Seconds)

0	1	2	3						
0	1	2	3	4	5	6	7	8	9
0	1	2	3	4	5	6	7	8	9
0	1	2	3	4	5	6	7	8	9

TIME FOR  
ALL 10 STANDS  
(Seconds)

0	1	2	3	4	5				
0	1	2	3	4	5	6	7	8	9
0	1	2	3	4	5	6	7	8	9
0	1	2	3	4	5	6	7	8	9



