

# HOME BLOOD PRESSURE ALERT FORM

**Directions:** The participant/family was provided an appropriate Blood Pressure (BP) threshold.

- >95th percentile + 12 mmHg for children aged <13 years old
- ≥140/90 mm Hg for children aged ≥13 years old to <18 years old
- ≥ 160/100 mm Hg for adults ≥18 years old

Complete this form if the site is notified by:

- the family/participant that the participant experienced any blood pressure related concerns (i.e., high BP readings above threshold, low BP readings, dizziness etc.) while using the Qardio home BP device.
- UCSF that the participant had a critically high BP average (i.e., the participant's average BP was above the appropriate BP threshold).

A1. KID #:   |\_| - |\_|\_| - |\_|\_|\_|

A2. FORM COMPLETED BY (INITIALS):   \_\_\_ \_\_\_ \_\_\_

A3. Date the coordinator was contacted:   \_\_\_ \_\_\_ / \_\_\_ \_\_\_ / \_\_\_ \_\_\_ \_\_\_

- A4. Who contacted the coordinator?    UCSF<sup>1</sup> (**Skip to Section C**)  
 Family/participant<sup>2</sup>  
 Both (UCSF and Family/Participant)<sup>3</sup>

**Section B: Concern reported by Family/Participant**

- B1. Indicate the family/participant's concern:    High and/or Low BP<sup>1</sup>  
 Other<sup>2</sup> (**Skip to B4**)

Participant may have more than one high or low BP reading. Record the highest and/or lowest BP reading.

B2. High BP Reported (*Check box, if N/A* <sup>-1</sup>)

B3. Low BP Reported (*Check box, if N/A* <sup>-1</sup>)

a. Number of high BP readings:   \_\_\_ \_\_\_

a. Number of low BP readings:   \_\_\_ \_\_\_

b. Highest BP:   \_\_\_ \_\_\_ \_\_\_ / \_\_\_ \_\_\_ \_\_\_

b. Lowest BP:   \_\_\_ \_\_\_ \_\_\_ / \_\_\_ \_\_\_ \_\_\_

c. Date of BP:   \_\_\_ \_\_\_ / \_\_\_ \_\_\_ / \_\_\_ \_\_\_ \_\_\_

c. Date of BP:   \_\_\_ \_\_\_ / \_\_\_ \_\_\_ / \_\_\_ \_\_\_ \_\_\_

- B4. Did UCSF contact site?    Yes<sup>1</sup>    No<sup>2</sup> (**Skip to Section D**)

**Section C: Concern reported by UCSF (refer to UCSF Home BP Readings Quarterly Report)**

C1. Number of readings above threshold:   \_\_\_ \_\_\_

C2. Average BP (SBP/DBP):   \_\_\_ \_\_\_ \_\_\_ / \_\_\_ \_\_\_ \_\_\_  
Average SBP                      Average DBP

C3. Date of BP weekly summary:   \_\_\_ \_\_\_ / \_\_\_ \_\_\_ / \_\_\_ \_\_\_ \_\_\_

- C4. Was the family/participant contacted\* about the elevated BP readings alert?    Yes<sup>1</sup>    No<sup>2</sup>

\*It is recommended that the family/participant is contacted within 24 hours after the site is notified.

**Section D: Follow-up by site**

D1. Did the participant experience any of the following symptoms during their week of readings? (Indicate "yes" or "no" for each of the following)

- |                                | Yes <sup>1</sup>         | No <sup>2</sup>          |
|--------------------------------|--------------------------|--------------------------|
| a. Dizziness / Lightheadedness | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Weakness                    | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Headaches                   | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Other, Specify: _____       | <input type="checkbox"/> | <input type="checkbox"/> |

- D2. Was the participant's nephrologist/health care provider contacted?    Yes<sup>1</sup>    No<sup>2</sup>

i. Name of physician contacted: \_\_\_\_\_

ii. Date of contact:   \_\_\_ \_\_\_ / \_\_\_ \_\_\_ / \_\_\_ \_\_\_ \_\_\_

iii. Initials of staff who made contact:   \_\_\_ \_\_\_ \_\_\_

**Please scan and email the completed form to your Clinical Coordinating Center (CCC)**

**East Coast Clinical Sites:**

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