

INSTRUCTIONS FOR COMPLETION OF QUESTION C1:

- 1. GO TO BERKELEY NUTRITION SERVICES, ON-LINE FAT SCREENER FORM:
http://www.nutritionquest.com/fat_screener.html**
- 2. ENTER THE RESPONSES INDICATED BY THE PARTICIPANT FOR QUESTIONS B1 – B17 INTO THE FORM AND CLICK “SUBMIT QUESTIONNAIRE.”**
- 3. THE FIRST PARAGRAPH OF THE “FAT SCREENER RESULTS” WILL CONTAIN AN ESTIMATE OF THE PARTICIPANT’S FAT INTAKE.**
- 4. CIRCLE THE PARTICIPANT’S ESTIMATED FAT INTAKE BELOW IN C1.**
- 5. DATA ENTER FORM INTO APOLLO.**

C1. PERCENT FAT IN DIET:

- <30%.....0
- 30-35%.....1
- 36-40%.....2
- >40%.....3