WOMEN'S INTERAGENCY HIV STUDY PHYSICAL ACTIVIYTY QUESTIONNAIRE* (PAQ)

SECTION A: GENERAL INFORMATION

A1.		CIPANT ID: ENTER NU F ID LABEL IS NOT A			-		
A2.	WIHS S	TUDY VISIT #:					
A3.	FORM '	VERSION:		04/01/05			
A4.	DATE (OF INTERVIEW:		/	/ _	— <u> </u>	
A5.	INTERV	VIEWER'S INITIALS:					
A6.	TIME M	ODULE BEGAN:		_ _ :	AM PM		
		S	ECTION B: ASSI	ESSMENT			
B1.	SHOW PARTICIPANT RESPONSE CARD PAQ, #1.						
	What nu number.	ımber would you choose	for rating your phy	sical activity during	ng the past y	ear? Choose one	
	1 hysically Inactive	2	3 Moderately Active	4		5 Very Active	
B2.	SHOW	PARTICIPANT RESPO	NSE CARD PAQ,	#2.			
	doing th	sking you whether you d e activity. For example, t does not count for skiin	sitting by the pool				
	sweat do	ask you about vigorous ping them, or make you b rously, please include it	oreathe hard or raise	e your body tempe	rature. If you	a do an activity but	
	Did you jog or run in the past 12 months for at least one hour total time in any month? For instance, you might have done three 20-minute sessions in the month.						
	a.	How many months did y	ou do this activity?	•		months	
		How many of these mon activity for at least two (<u> </u>	months	

В3.	Did y	you do vigorous racket sports in the past 12 months for at least one ho	our total time in any month?			
		YES	(B4)			
	a.	How many months did you do this activity?	months			
	b.	How many of these months did you do this activity for at least three (3) hours per week?	months			
B4.	-	Did you bicycle faster than 10 miles/hour or exercise hard on an exercise bicycle in the past 12 months for at least one hour total time in any month?				
		YES	(B5)			
	a.	How many months did you do this activity?	months			
	b.	How many of these months did you do this activity for at least two (2) hours per week?	months			
B5.	Did y	Did you swim in the past 12 months for at least one hour total time in any month?				
		YES	(B6)			
	a.	How many months did you do this activity?	months			
	b.	How many of these months did you do this activity for at least two (2) hours per week?	months			
В6.		Did you do a vigorous exercise class or vigorous dancing in the past 12 months for at least one hour total time in any month?				
		YES	(B7)			
	a.	How many months did you do this activity?	months			
	b.	How many of these months did you do this activity for at least three (3) hours per week?	months			
В7.		Did you do any vigorous job activities such as lifting, carrying or digging in the past 12 months for at least one hour total time in any month?				
		YES	(B8)			
	a.	How many months did you do any of these activities?	months			
	b.	How many of these months did you do any of these activities for at least five (5) hours per week?	months			

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B8.	Did you do any home or leisure activities such as snow shoveling, moving heavy objects, or weight lifting in the past 12 months for at least one hour total time in any month?				
		YES	(B9)		
	a.	How many months did you do any of these activities?	months		
	b.	How many of these months did you do any of these activities for at least three (3) hours per week?	months		
B9.	Did you do other strenuous sports such as basketball, football, skating, or skiing in the past 12 months for at least one hour total time in any month?				
		YES	(B10)		
	a.	How many months did you do any of these activities?	months		
	b.	How many of these months did you do any of these activities for at least three (3) hours per week?	months		
B10.	Now I'd like to ask you about more leisurely activities. Did you do non-strenuous sports such as softball, shooting baskets, volleyball, ping pong, or leisurely jogging, swimming or biking, which we haven't included above, in the past 12 months for at least one hour total time in any month?				
		YES	(B11)		
	a.	How many months did you do any of these activities?	months		
	b.	How many of these months did you do any of these activities for at least three (3) hours per week?	months		
B11.	Did you take walks or hikes or walk to work in the past 12 months for at least one hour total time in any month?				
		YES	(B12)		
	a.	How many months did you do any of these activities?	months		
	b.	How many of these months did you do any of these activities for at least four (4) hours per week?	months		
B12.	Did yo	Did you bowl or play golf in the past 12 months for at least one hour total time in any month?			
		YES	(B13)		
	a.	How many months did you do either of these activities?	months		
	b.	How many of these months did you do either of these activities for at least three (3) hours per week?	months		

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B13.	Did y	you do home exercise or calisthenics in the past 12 months for at least	one hour	total time in any month?			
		YES	(B14)				
	a.	How many months did you do any of these activities?		months			
	b.	How many of these months did you do any of these activities for at least three (3) hours per week?	_	_ months			
B14.		Did you do home maintenance or gardening, including carpentry, painting, raking or mowing in the past 12 months for at least one hour total time in any month?					
		YES	(B15)				
	a.	How many months did you do any of these activities?		months			
	b.	How many of these months did you do any of these activities for at least five (5) hours per week?	_	months			
B15.	SHO	W PARTICIPANT RESPONSE CARD PAQ #3.					
	Durin	ng leisure time do you watch television?					
		Never 1 Seldom 2 Sometimes 3 Often 4 Very often 5	(B16)				
	a.	On the average, about how many hours per day do you watch telev	ision?	hours			
B16.	How	next questions concern household activities outside your occupation. many months in the past year did you do major household chores as cleaning the garage, car or rugs, or scrubbing floors?		_ months (If 0, skip to B17)			
	a.	How many times per month did you do such major household chor	es?	times			
B17.	inclu	many months in the past year did you do light household chores ding light cleaning, making beds, shopping, doing laundry, uring meals or washing dishes?		months (If 0, skip to B18)			
	a.	How many hours per week in a typical month did you do such light household chores?		hours			
B18.	or les	many months in the past year did you take care of a child 10 years of as? Taking care of a child includes activities such as feeding, dressing, ng, playing and carrying.	months (If 0, skip to B19)				
	a.	How many days per week in a typical month did you do such child	days				
	b.	How many hours per day in a typical day did you do such childcare	hours				
B19.	TIME	E MODULE ENDED: _ : _	AM PM				

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