

WOMEN'S INTERAGENCY HIV STUDY QUESTION-BY-QUESTION SPECIFICATIONS FORM 7r: PHYSICAL EXAM ADDENDUM

General Instructions:

1. All dates should be recorded in the MM/DD/YY format.
2. Participants should remove all clothing, except underwear. Shoes should be removed; thin socks may be worn, if participant desires. Paper or lightweight cotton gowns should be worn during the entire exam.

PARTICIPANT INFORMATION

This section at the beginning of the form should be completed before beginning the physical exam.

PROMPT: IF VISIT NUMBER IS EVEN, DO NOT COMPLETE THE F7r AS ALL DATA WILL BE CAPTURED ON THE F07 AND F08 FORMS.

SECTION A: GENERAL PHYSICAL CHARACTERISTICS

- A1. Height: Ask the participant to remove any hair ornaments, jewelry, buns, or braids from the top of the head. Have the participant stand up straight with the body weight evenly distributed and both feet flat on the scale platform. Instruct the participant to stand with the heels together and toes apart. The toes should point slightly outward at approximately a 60° angle. Check that the back of the head, shoulder blades, buttocks, and heels make contact with the backboard.

Second, align the head in the Frankfort horizontal plane. The head is in the Frankfort plane when the horizontal line from the ear canal to the lower border of the orbit of the eye is parallel to the floor and perpendicular to the vertical backboard. Many people will assume this position naturally, but for some participants the examiner may need to gently tilt the head up or down to achieve the proper alignment. Instruct the participant to look straight ahead.

Next, lower the head piece so that it rests firmly on top of the participant's head, with sufficient pressure to compress the hair. Instruct the participant to stand as tall as possible, take a deep breath, and hold this position. The act of taking a deep breath helps straighten the spine to yield a more consistent and reproducible stature measurement. Notice that the inhalation will cause the head piece to rise slightly.

Height measurement is mandatory at the baseline visit.

SECTION D: PHYSICAL FINDINGS IN THE BREASTS

- D1. Examine and record your overall assessment of the participant's breasts. If exam is normal or not done, skip to **Section F**.
- D9–D18: Be careful to record information from the LEFT and the RIGHT breasts separately and in the proper location on the form. If a breast mass is not found in a region, code "NO," and skip to the next region (do not complete sub questions "a" and "b"). If a mass is found, record the size of the mass in centimeters and indicate whether or not this is an old mass. Old mass is defined as:

Old Mass: A persistent, discrete lump or localized thickening in either breast that has been evaluated by a physician, mammogram, needle aspiration or biopsy and that was found to be a benign condition.

SECTION F: BI-MANUAL EXAM

- F1. If the participant has no uterus, skip to **Question F2**.
- F2. If the participant has no adnexae, skip to **Question F3**.