

WOMEN'S INTERAGENCY HIV STUDY
QUESTION BY QUESTION SPECIFICATIONS
FORM BPI: BRIEF PAIN INVENTORY – SHORT FORM

NOTE: This form asks about pain the participant has experienced in the LAST WEEK prior to her interview. Please emphasize that the timeframe for questions is “the last week,” NOT since the participant’s last study visit.

SECTION B

- B1. This question asks about pain the participant may have experienced “during the last week.” Do not include “everyday kinds of pain” such as minor headaches, sprains, and toothaches. Chronic pain, such as carpal tunnel syndrome, should be reported. If the participant has not experienced any pain in the last week, circle “no” and skip to **Question B10**.
- B2. *HAND PARTICIPANT RESPONSE CARD BPI1*. Have the participant point to the body diagram on *Response Card BPI1* to indicate where on her body she currently feels pain. For example, if she feels pain on the right side of her neck, either in the back or front, enter code “03.” Then circle “1” to indicate that the pain is in the “front” of her body, or “2” to indicate it is in the “back.”
- a. Using *Response Card BPI1*, have the participant indicate the one area on her body that hurts the most, or where she currently feels the greatest amount of pain. If she indicates more than one area, ask her to please select only one area. Then circle “1” to indicate that the pain is in the “front” of her body, or “2” to indicate it is in the “back.”

Questions B3 through B6 relate to the participant’s pain in general over the last week, not just the area that hurts the most. *HAND PARTICIPANT RESPONSE CARD BPI2* for use with **Questions B3 through B6**. Pain will be rated from 0 (“no pain”) through 10 (“pain as bad as you can imagine”).

- B3. Have the participant rate her pain by indicating the one number that best describes her pain at its **worst** in the past week.
- B4. Have the participant rate her pain by indicating the one number that best describes her pain at its **least** in the past week.
- B5. Have the participant rate her pain by indicating the one number that best describes her pain **on average** over the past week.
- B6. Have the participant rate her pain by indicating the one number that tells how much pain she has **right now**, at the time of the interview.
- B7. Ask the participant if she has received any treatments or medications for her pain within the last week. (**PROBE:** Please include only medications, not treatments such as massage or acupuncture.) If she responds “no,” skip to **Question B9**.
- a. Have the participant list any medications or treatments she is currently receiving (at the time of the interview) for her pain. (**PROBE:** Please include only medications, not treatments such as massage or acupuncture.)
- B8. *HAND PARTICIPANT RESPONSE CARD BPI3*. Have the participant indicate how much relief (from 0% = “no relief” to 100% = “complete relief”) she has received in the last week from pain treatments or medications. (**PROBE:** Please include relief you have received from medications only; do not include relief you have received from treatments such as massage or acupuncture.)

HAND PARTICIPANT RESPONSE CARD BPI4 for use with **Questions B9a through B9g**. The participant will rate how much pain has interfered with the activities described in **Questions B9a through B9g** during the past week. Pain will be rated from 0 (“does not interfere”) to 10 (“completely interferes”).

- B9. Have the participant indicate the one number that describes how much, in the past week, pain has interfered with her:
- a. General activity.
 - b. Mood.
 - c. Walking ability.
 - d. Normal work, which includes both work outside the home and housework.
 - e. Relations with other people.
 - f. Sleep.
 - g. Enjoyment of life.
- B10. Record the time module was completed.